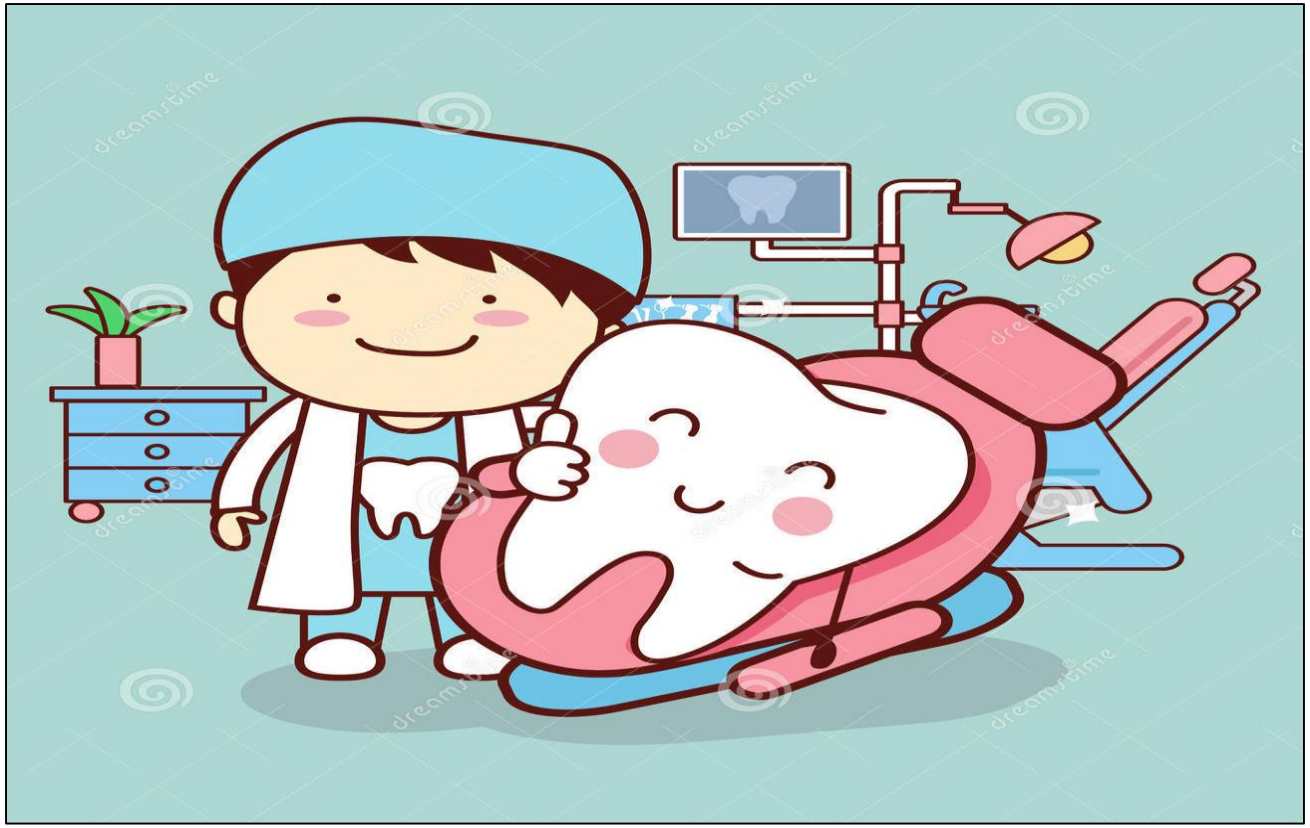
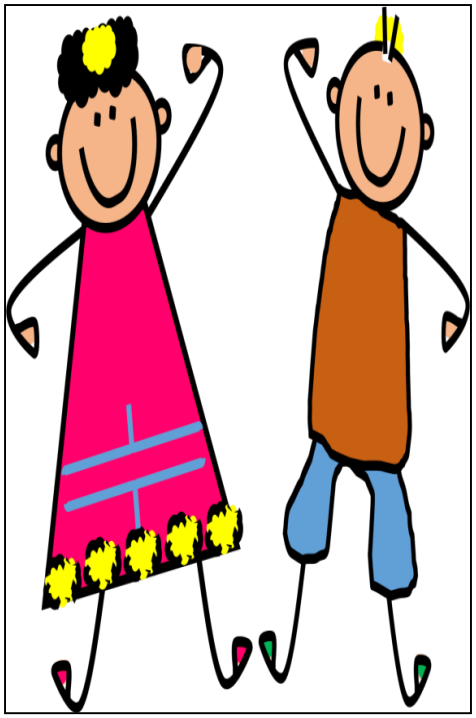
GOING TO THE DENTIST



Dr. Yasmin Kottait
DDS ,HDD ,MFDS, MSC
Specialist Pediatric Dentist

Sometimes I need to go to a Dentist



DR.YASMIN KOTTAIT

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Then I see the RECEPTION and I need to wait in the playroom until the assistant calls my name

1

2

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The assistant will ask me to sit on the chair that goes up and down

Dental Room 1

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The Dentist will turn on MR.SUN. If I don't like the lights, I wear my SUNGLASSES ON.

Mr. Sun

I will open my mouth and lie still and not move my head.

1

2

Sometimes I need to open my mouth still for the " Magic Wand" to see houses of sugar bugs

Sometimes I need to bite on a SPECIAL COOKIE take a photo of my tooth. But its OK!

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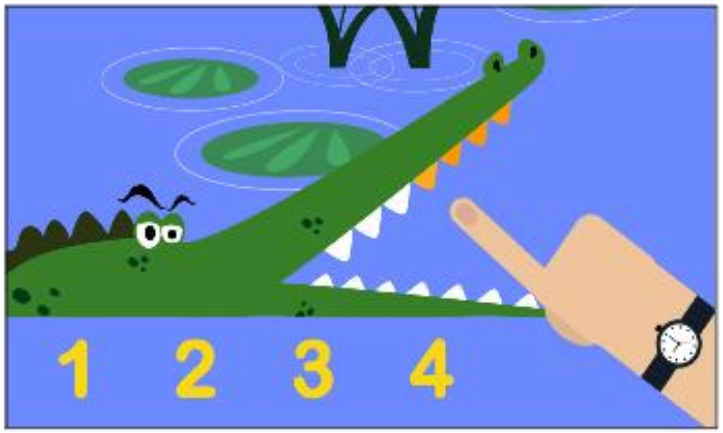
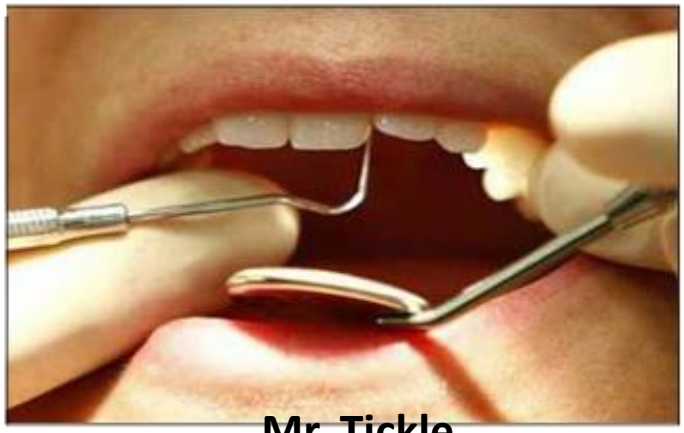
The dentist will use tools to check and count my teeth and will use a special “tickler” to tickle it but its OK!

1



Counting teeth

2



Mr. Tickle

I might need to open my mouth with MR. RUBBER DUCKY but its OK!

Mr.Rubber Ducky

Then the dentist brushes my teeth with special toothbrush and toothpaste. She can use water and air too.

1

Tickle Brush

2

Tooth shower

3

Mr. Wind

I will need to breath through a SUPER MASK with a fruity smell thats makes me happy and calm but its OK!

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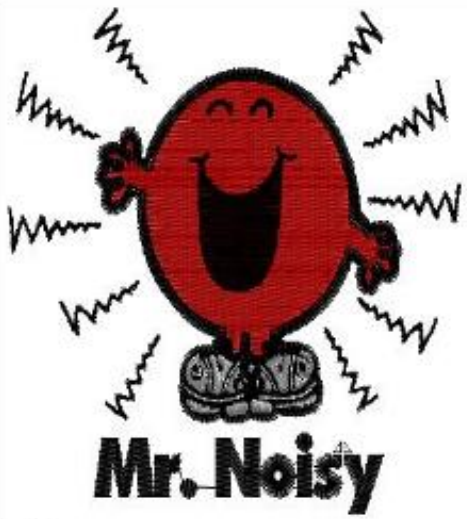
Sometimes the Dentist will use tools that make noise. This is OK!

Big Mr. Thirsty

Small Mr. Thirsty



If I'm scared. I can tell the dentist to help me feel comfortable and calm.

1

singing

2

Think of something nice

3

Story time

4

Deep breathing

5

Hold hands

When I’m done, my teeth feel good and look sparkling white. And I get GIFTS for being good with the dentist.

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